



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> Vegetable Barley Soup <b>MEATLOAF w/GRAVY</b> WG Roll Mashed Potatoes Peas Ambrosia Salad</p>	<p><b>3</b> <i>Happy March Birthdays</i> <b>BEEF PICADO</b> Spanish Rice Black Beans Garden Salad w/Carrots &amp; Cucumbers Orange / “Cake” </p>	<p><b>4</b> <b>VEGETARIAN LASAGNA</b> WG Roll Tuscan Beans Mandarin Oranges w/ Jicama Vanilla Ice Cream</p>	<p><b>5</b> Cabbage Ginger Soup <b>SWEET &amp; SOUR CHICKEN</b> Brown Rice Broccoli Marinated Confetti Salad Banana</p>	<p><b>6</b> <i>Choice of Entrée</i> <b>PORK LOIN AU JUS OR BAKED FISH</b> (Breaded) WG Bread / Barley Pilaf Marinated Beet &amp; Onion Salad / Zucchini Medley Cantaloupe</p>
<p><b>9</b> Cream of Mushroom Soup <b>BBQ CHICKEN (L&amp;T)</b> Corn Bread Cauliflower Mashed Sweet Potatoes Pears w/ Cinnamon</p>	<p><b>10</b> <i>Choice of Entrée</i> Lentil Soup <b>BLACKEN FISH</b> (Unbreaded) <b>OR PORK LOIN w/ SAUCE</b> WG Bread / Barley Pilaf Peas &amp; Onions Tricolor Slaw Banana</p>	<p><b>11</b> Asian Vegetable Soup <b>CHICKEN CHOP SUEY</b> Brown Rice Oriental Vegetables Chopped Asian Salad w/Romaine &amp; Green Onions Cantaloupe</p>	<p><b>12</b> <b>BEEF STEW w/POTATOES, CELERY &amp; CARROTS</b> WG Roll (1) Garden Salad w/Iceberg, Cucumber &amp; Tomatoes Orange</p>	<p><b>13</b> Turkey Rice Soup <b>OVEN BAKED FISH</b> (Breaded) WG Penne Pasta Broccoli Marinated Beet Salad Peaches</p>
<p><b>16</b> Orange Juice <b>PORK LOIN ADOBO</b> WG Bread Brown Rice Zucchini Medley Romaine Caesar Salad Chocolate Ice Cream</p>	<p><b>17</b> <i>St. Patrick’s Day Celebration!</i> Orange Juice <b>!CORNED BEEF!</b> Rye Bread Boiled New Potatoes Steamed Cabbage White Bean Salad Rainbow Sherbet </p>	<p><b>18</b> <i>Choice of Entrée</i> <b>TURKEY CHILI OR VEGETARIAN CHILI</b> WG Roll Baked Potato Chopped Kale &amp; Spinach Salad Baked Apple Granola</p>	<p><b>19</b> Chicken Noodle Soup <b>ROAST BEEF W/GRAVY</b> WG Roll (1) Mashed Potatoes Green Beans w/ Herbs Ambrosia Salad</p>	<p><b>20</b> Tomato Bisque <b>LEMON DIJON BAKED FISH</b> Rice Pilaf Banana Squash Coleslaw Banana</p>
<p><b>23</b> Cream of Broccoli Soup <b>HERB RUBBED PORK ROAST w/ HONEY MUSTARD SAUCE</b> WG Bread Stuffing Mashed Sweet Potato Pear &amp; Mango Vanilla Ice Cream</p>	<p><b>24</b> White Bean Soup <b>OVEN BAKED CHICKEN (L&amp;T)</b> Corn Bread Mac &amp; Cheese Sauté Kale Green Salad w/Sliced Tomatoes &amp; Carrots Banana</p>	<p><b>25</b> <b>SPAGHETTI w/ MEATBALLS</b> Sourdough Bread w/ Garlic Spread WG Spaghetti Broccoli Mesclun Mix Salad Baked Maple Pears</p>	<p><b>26</b> Orange Juice <b>CHICKEN ENCHILADA w/ RED SAUCE</b> Pinto Beans Chopped Salad w/Tomato &amp; Cucumber Peaches</p>	<p><b>27</b> Cream of Corn Soup <b>TUNA SANDWICH</b> WG Bread Coleslaw Garden Salad w/ Radish &amp; Corn Cantaloupe</p>
<p><b>30</b> ALL HSA SITES CLOSED </p>	<p><b>31</b> <b>BEEF LASAGNA</b> WG Bread Broccoli &amp; Cauliflower Romaine &amp; Shredded Cabbage Salad w/ Beets Banana</p>	<p></p>	<p><b>SUGGESTED DONATION FOR SENIORS 60 YRS &amp; OLDER \$2.25 FEE FOR NON-SENIORS \$6.00</b></p>	<p></p>