

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 ALL SITES CLOSED HAPPY NEW YEAR 	2 Orange Juice CHICKEN ENCHILADA w/ VERDE SAUCE Chopped Salad w/Tomato, Cucumber & Purple Onion Pinto Beans Baked Maple Pears	3 Butternut Squash Soup HERB RUBBED ROAST PORK w/ HONEY GARLIC Brown & Wild Rice Zucchini & Tomatoes Cantaloupe Vanilla Ice Cream	4 Choice of Entrée TURKEY A LA KING OR LENTIL STEW Biscuit Peas & Carrots Spinach & Kale Banana
7 BEEF STEW w/POTATOES, ONIONS, & CELERY WG Roll (1) Romaine & Shredded Cabbage Salad Pear w/ Mango Chunks	8 Split Pea Soup FISH VERA CRUZ (Unbreaded) WG Bread Banana Squash Mixed Salad Greens w/ Radish & Tomato Kiwi	9 Italian Wedding Soup SMOTHERED PORK CHOP Dinner Roll Collard Greens Roasted Corn Orange	10 MEATBALL SANDWICH French Roll Broccoli Chopped Kale Salad w/ Tomato, Garbanzo & Beets Apple or Banana	11 Cranberry Juice OVEN BAKED CHICKEN (L & T) Corn Bread Sautéed Cabbage Mashed Sweet Potatoes Rainbow Sherbet
14 Minestrone Soup STUFFED BELL PEPPER WG Dinner Roll (1) Mashed Potatoes Peas & Corn Peaches	15 Lentil Soup ROAST TURKEY Herb Stuffing Cranberry Sauce Spinach Coleslaw Banana	16 Grape Juice BEEF STROGANOFF Egg Noodles Green Beans Chopped Kale Salad Oatmeal Cookie	17 MLK Luncheon! Apple Juice SMOTHERED CHICKEN Cornbread Black Eyed Peas Baked Yams Southern Collard Greens Banana Pudding w/ Wafers	18 Choice of Entrée PORK CHOP AU JUS OR BAKED FISH (Breaded) WG Bread Pasta Salad Banana Squash Brussels Sprouts Cantaloupe
21 ALL SITES CLOSED Martin Luther King Day 	22 Cranberry Juice VEGETARIAN FRITTATA WG Roll Broccoli Romaine w/Citrus Dressing Vanilla Swirl Pudding	23 Choice of Entrée Cabbage & Tomato Soup PORK OR CHICKEN w/MUSHROOM SAUCE Brown Rice Green Peas Cantaloupe	24 Beef Barley Soup MEATLOAF w/GRAVY WG Roll Mashed Potatoes Green Beans Ambrosia Salad	25 Cream of Mushroom Soup BBQ CHICKEN (L&T) Biscuit Cauliflower Baked Sweet Potatoes Banana
28 Choice of Entrée Lentil Soup BLACKEN FISH (Unbreaded) OR PORK CHOP w/ SAUCE Barley Pilaf Peas & Onions Tricolor Slaw Pears with Cinnamon	29 Asian Vegetable Soup CURRY CHICKEN Brown Rice Oriental Vegetables Chopped Asian Salad Cantaloupe	30 Happy January Birthdays BEEF STEW w/POTATOES, ONIONS, & CELERY Biscuit (1) Garden Salad Orange "Cake" 	31 Turkey Rice Soup OVEN BAKED FISH (Breaded) WG Bread Southern Greens Mashed Sweet Potatoes Peaches	SUGGESTED DONATION FOR SENIORS 60 YRS & OLDER \$2.25 FEE FOR NON-SENIORS \$6.00